



### ***Session 1-1***

This process will be most helpful in your spiritual growth if you are honest with yourself and thorough with your responses. There is no need to say what you think the “right” answer is, but rather the most sincere answer. My goal is to walk you through questions that will help you identify your needs and next steps, whether it be personally, spiritually, or professionally. I am not here to judge you, give advice or tell you what to do, but rather to help guide your thinking through questions and study of scripture.

### ***Scripture focus***

Paul wrote from prison to the Phillipians: “For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus. For God is my witness, how I long for you all with the affection of Christ Jesus. And this I pray, that your love may abound still more and more in real knowledge and all discernment, so that you may approve the things that are excellent, in order to be sincere and blameless until the day of Christ; having been filled with the fruit of righteousness which comes through Jesus Christ, to the glory and praise of God.” Philippians 1:6-11

### ***Prayer***

Dear Lord, we ask for your blessing over this meeting today, that You would guide our hearts in obedience to you and open our eyes to the truths in Your Gospel so that we can be who You need us to be here until You return.

### ***Application to your life***

- Verse 6: He who began a good work in you will perfect it until the day of Christ Jesus
  - What good work has he begun in you?
  - Do you see it becoming more perfect (more like Jesus) over time?
    - If not, what needs to change?
- Verse 9: Paul prayed that their love would grow in real knowledge and discernment
  - Are there any areas of your life where you are seeking real knowledge and discernment (truth about right and wrong)
    - Where do you seek answers?
  - What are some areas that you know you have already grown in real knowledge and discernment
    - What has been helpful for you?
- Verse 11: having been filled with the fruit of righteousness which comes through Jesus Christ
  - What does it mean to you to be filled with the fruit of righteousness?

### ***Deeper reflection***

- Do you feel God’s pulling on your heart in any areas of your life?
- What action do you feel that God is leading you to take to grow in your walk with Him?